

Reflections — Spa and Salon —

Play Yoga!

Saturdays May 24th - Labor Day

Wake up with the waves and start your weekend smiling. Play Yoga! is a lively 45-minute class that blends laughter, stillness, and balance in an all-levels flow—perfect for beginners, seasoned yogis, and kids 10 & up.

When: Saturdays, 7:30 am (Memorial Day weekend – Labor Day weekend)

Where: Outdoors on resort grounds (indoor backup if it rains)

Duration: 45 minutes

Cost: \$10 per person

Who: Everyone aged 10+—bring the whole crew!

Reserve your mat by 7 pm the night before, class paid in advance:

920-457-9880 | sFrontdesk@blueharborresort.com

Bring water, a playful spirit, and let's balance body and mind together!